

Crossroads Lunch Menu

All choices come with fresh fruit and soft drink/bottled water at the price of **HK\$30**. Please note that choices are available on a first-come-first-served basis when you pick up your lunch.

To ensure smooth operation, please buy your **lunch coupons in advance** so that you can enjoy your lunch leisurely and be able to attend the lunch break activities.

Day 1 17-6-2010

1. 魚香茄子炆米粉 Rice noodles with minced pork and egg plant
2. 西蘭花豆腐班腩飯 Fish fillet, broccoli and tofu with rice
3. 焗雞扒飯 Baked chicken with fried rice
4. 咖喱牛腩飯 Beef curry with rice
5. 干燒伊麵 Braised E-Fu noodles with mushroom & soy sauce (vegetarian)
6. 雜式點心 (菠菜素餃、鹹水角、素春卷、蝦餃) Dim sum combo (Spinach dumpling, fried dumplings, vegetarian spring rolls and shrimp dumplings)
7. 公司三文治 (免烘) Club Sandwich (untoasted)

Day 2 18-6-2010

1. 排骨炒麵 Stir-fried noodle with spareribs (pork)
2. 焗海鮮意粉 Baked spaghetti with seafood
3. 菠蘿雞粒炒飯 Fried rice with pineapple and chicken
4. 鮮茄牛肉飯 Beef and fresh tomato with rice
5. 咖喱雜菜飯 Mixed vegetables curry with rice
6. 雜式點心 (菠菜素餃、鹹水角、素春卷、蝦餃) Dim sum combo (spinach dumpling, fried dumplings, spring rolls (vegetarian) and shrimp dumplings)
7. 公司三文治 (免烘) Club Sandwich (untoasted)

Day 4 20-6-2010

1. 星洲炒米 Stir-fried rice noodles with curry, BBQ pork and vegetables
2. 焗龍利柳飯 Baked sole fillet with rice
3. 咖喱雞飯 Chicken curry with rice
4. 牛柳絲炒麵 Stir-fried egg noodle with shredded beef
5. 素炒河粉 Stir-fried rice noodle with mixed mushrooms & broccoli
6. 雜式點心 (菠菜素餃、鹹水角、素春卷、蝦餃) Dim sum combo (spinach dumpling, fried dumplings, spring rolls (vegetarian) and shrimp dumplings)
7. 公司三文治 (免烘) Club Sandwich (untoasted)

Day 5 21-6-2010

1. 揚州炒飯 Yangzhou fried rice with BBQ pork & shrimp
2. 咖喱魚柳飯 Fish fillet curry with rice
3. 雞絲炒河 Stir-fried rice noodle with shredded chicken
4. 焗肉醬意粉 (牛肉) Baked spaghetti with meat sauce (beef)
5. 蜜桃菠蘿素雞飯 Flavoured tofu, peach & pineapple sauce with rice
6. 雜式點心 (菠菜素餃、鹹水角、素春卷、蝦餃) Dim sum combo (spinach dumpling, fried dumplings, spring rolls (vegetarian) and shrimp dumplings)
7. 公司三文治 (免烘) Club Sandwich (untoasted)